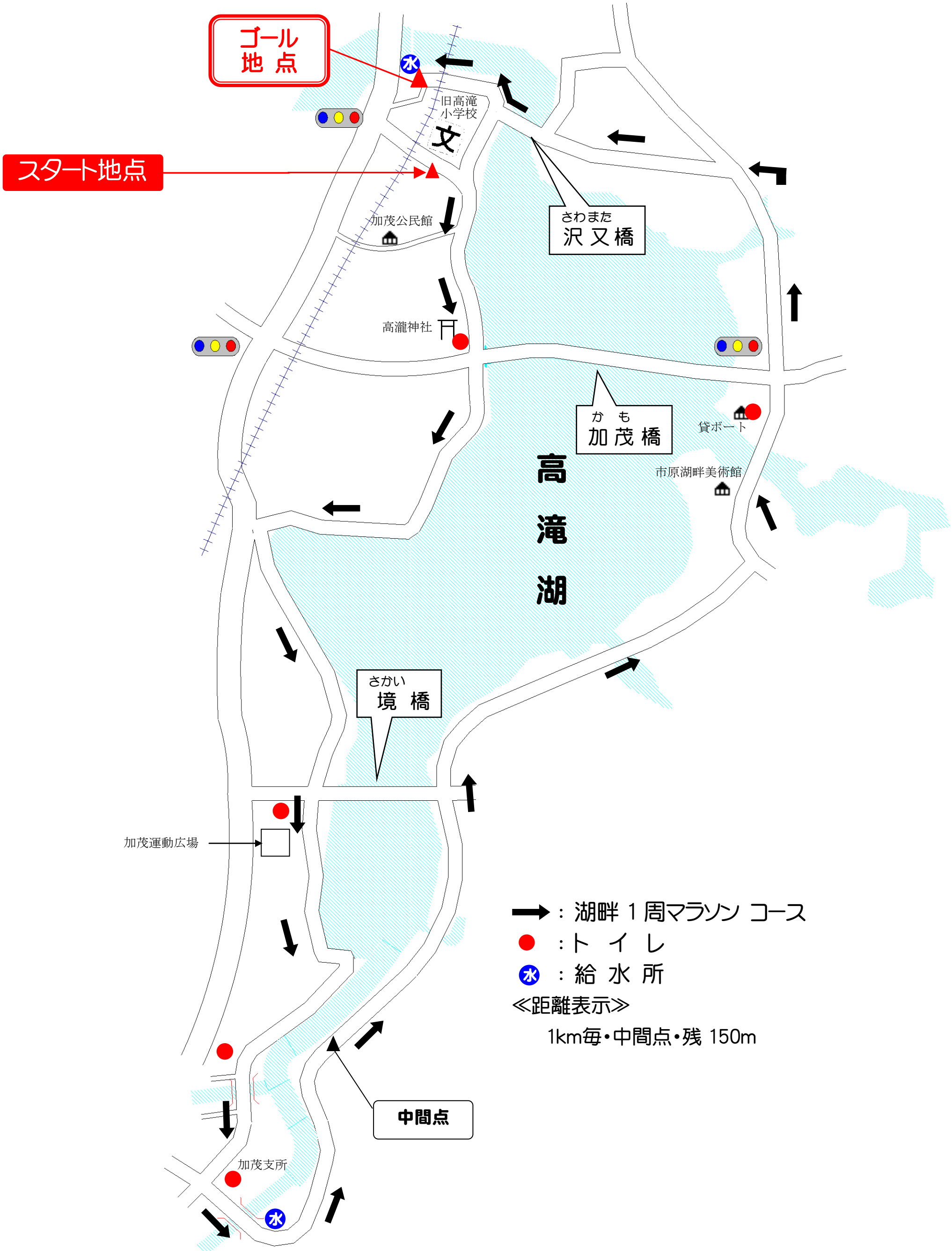湖畔1周マラソン　コース図